

# Interfaith Volunteer Caregivers of Fayette, Inc.

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NEWSLETTER May, 2009

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 Executive Director  
*Carol J. Ashton*  
 Volunteer Coordinator  
*Charlotte F. Steich*

### Mission Statement

Believing that God calls us as people of faith, to minister to those in need, the Interfaith Volunteer Caregivers of Fayette, Inc., will, through an interfaith network of trained volunteers, provide supportive services and outreach to meet the needs of the elderly (ordinarily Age 60+)

## Oldies Dance Revisited

What a GREAT night for all who attended. The Chinese and live auction were a HUGE success. How can Interfaith begin to thank all in this wonderful community who showed their faith in our organization by donating thousands of dollars worth of goods, services and food. It is the faith of these great people that give us hope that Interfaith will be able to continue to serve the frail elderly of the community. A special thanks to our major donor, RX Plus and the Caring Hands Committee consisting of Denise DelGreco, Liz Dunham, Tim Chesler, Carol Ashton, Charlotte Steich & Sharon Waltz. We hope that everyone had a wonderful time and we look forward to seeing all of you and your friends there again next year on April 10, 2010 at the Lakeside Party Center, so keep that date open.

Honoring our volunteers

We can never thank our wonderful caring volunteers enough for their dedication and service. They are truly the ones responsible for making Interfaith the success that it is. Interfaith would like to take this opportunity to officially honor them at our annual

**Volunteer Appreciation Dinner June 18, 2009 at 6:00 p.m.  
Third Presbyterian Church  
Contact the Interfaith Office at 724-438-0709 for reservations by Thursday June 4<sup>th</sup> if possible.**

Please plan to attend and all volunteers & donors are welcome to bring spouses, and volunteers may bring friends or one of your favorite carereceivers.



**Words from Our Carereceivers**

**Often we receive notes of thanks from our carereceivers. Following are excerpts from a few:**

Words cannot express my gratitude for your help in getting me to and from my doctor appointments. Thank you so much. Without you I don't know what I would do. Thank you again and again.

Dear Carol & Associates,  
Just want to thank you for your recent help with finding me transportation and how you go out of your way to do so. Hope to meet you someday.  
Carol & Staff,  
Thank you ever so much in assisting my mom! You are wonderful in every way! Thank you, Thank you, Thank you!!

Dear Carol,  
Thank Interfaith for arranging my trip to the dentist by your very compassionate interesting volunteer.

My Dear Charlotte:  
"Thank You" so much for getting me to the doctors. I don't ride the bus anymore. You'll never know how grateful I really am. The

Volunteer was truly wonderful to me. She went out of her way to see I didn't fall. Again "thanks" for getting me to the doctor.



**FUNDRAISERS**

Interfaith will be hosting the **Storey Square Summer Series on Thursday, July 16, 2009 from 5:30-7:00 pm, featuring the Brass Knuckles Band.** Jackson Farm ice cream will be served by our mystery celebrity. A gift basket by Carson Hughes will be raffled off to benefit Interfaith. Food vendor for the event will be Caleigh's.

Lafayette Manor, Inc. will be holding a **hoagie sale** to benefit Interfaith on **Friday, June 12, 2009.** Twelve-inch hoagies will be sold for \$5.00 each. Email Interfaith at [cashton@ivcgf.org](mailto:cashton@ivcgf.org) or call for order sheets. When completed they can be faxed directly to Stacey at (724) 430-4890. Bosses.....here is your opportunity to show your appreciation to your staff. If ten or more hoagies are obtained at one location, the hoagies will be delivered. Individual orders may be picked up at Lafayette Manor after 8:00 a.m. on Friday, June 12, 2009. We look forward to your support!

# SCAMS

Many of you have indicated your appreciation for information concerning the latest scams that are out there looking for someone like you. Below are a couple of the latest scams according to [www.snopes.com](http://www.snopes.com).

## How to Lock Your Car and Why!

I locked my car...as I walked away I heard my car door unlock so I went back and locked my car again, three times. I looked around and there were two men sitting in a car in the fire lane next to the store. When I looked straight at them they did not unlock my car again..

### How to lock your car safely –

While traveling, my son stopped at a roadside park. He came out to his car less than 4-5 minutes later and found someone had gotten into his car and stolen his cell phone, laptop computer, GPS system briefcase...you name it.

He called the police and since there were no signs of his car being broken into – the police told him that there is a device that thieves are using now to clone your security code when you lock your doors on your car using your keychain locking device.

They sit a distance away and watch for their next victim. They know you are going inside the store, restaurant, etc. and have a few minutes to steal and run. The police officer said to manually lock your car door by hitting the lock button inside the car, that way if there is someone sitting in a parked car watching for their next victim, it will not be you.

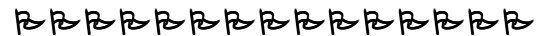
When you hit the lock button on your car upon exiting...it does not send the security code, but if you walk away and use the door lock on your key chain it sends the code through the airwaves where it can be stolen. Something totally new to us...and real. Be aware of this and please pass this on to everyone you know. This has been researched and is Snopes approved.



## Over 65, and Pumping Iron!

It's been evident that weight training, even by seniors who start out very slowly, can

improve muscle strength and function. Now, according to a study conducted by the Buck Institute for Age Research in Novato, California, after six months of strength training by men and women 65 and older, the genetic profile of their muscles showed a more youthful appearance. Conclusion: Weight training may actually make elderly muscles younger. Now what? With permission from your physician, why not sign up for a session with a personal trainer at the YMCA or other fitness center



## Cheaper Prescriptions are a Must!!!

**Pennsylvania Gov. Rendell announced a new website to help consumers compare the prices of prescription drugs at various pharmacies in their area. Three hundred of the most commonly prescribed medications are listed. To check the prices, you will need to know the drug name, dosage, and zip code or town. Data is updated weekly. Prices for brand name drugs often vary from \$10-\$40, and even generic drug prices vary. Go to [www.PaRxPriceFinder.com](http://www.PaRxPriceFinder.com) to find the least expensive pharmacy for your prescription purchases.**

# Donor List

January 1, 2009 - May 31, 2009

The following have contributed recently to Interfaith and their generous support is greatly appreciated!

## Congregations

**Connellsville District United Methodist Church**

**First Christian Church**

First United Methodist Church

Pleasant View Presbyterian Church-  
Benevolence Fund

St. Peter's Church

Third Presbyterian Church – Deacons  
Fund

Trinity United Presbyterian Church

## Corporations/Organizations

Commonwealth Marketing Group, Inc.  
Gabriel Brothers, Inc.

## Grant/Allocations

Southwestern PA Area Agency on Aging,  
Inc.

United Way of South Fayette, Inc.

United Way Support (Through Donor Option)

**United Way of South Fayette, Inc.**

**Bruggeman, Diane  
Dennis Miller**

**United Way of Mon Valley, Inc.**

No Names Provided

**United Way of Westmoreland  
County**

Susan Almgren  
Ira Chrise  
Charles Prudente  
Dennis Rendine  
Kathleen Ruper  
Ruth Walters

## In Honor of...

Ashton, Don by Maud Porter  
Carter, Patricia by Velma Shelling  
David, Rabbi Sion by Don & Carol Ashton  
David, Rabbi Sion by Pamela Moore  
David, Rabbi Sion by William Blaney  
DeFazio, Amy by Velma Shelling  
Hagan, Bernardine by Henrietta Nicolay  
Mildren, Bill by Maud Porter  
O'Connell, Sr. Alice by Mary Biancardi  
Opel, Ken by Polly Storey

## In Memory of

Ashton, Kathryn by Diana & Marty  
Runnion  
Baird, Melvin by Denise DelGreco  
Bartley, Frank by Stella McAllister  
Beal, Violet Mae by Don & Carol Ashton  
Bortz, Marion by Betty Curry  
Bortz, Marion by Karen & Joe Stromick,  
Pat  
& Goldie Stromick & the P.J. Stromick  
Trust  
Broesicke, Christine by Margaret Broesicke  
Collins, Patricia, by Denise DelGreco  
Davis, John by Rebecca Barclay  
Dillon, Kay Wingrove by Frank &  
Meribelle  
Cole  
Dominick, Louie by Darlene Dominick  
**England, Howard by Jean Yoder**  
Hamilton, Patricia by Jean Yoder  
**Highberger, John by Ruth Walters**  
**Kadar, George by Carol & Don Ashton**  
Kadar, George by Lois Thomas  
Karschner, Dr. J. Kimberly by Bud &  
Fran Moyer  
Kennedy, Eric by Denise DelGreco

Selong, Edith by Edith Miller  
Selong, Edith by Jesse Ford  
Spotts, Helen by Joe & Michele Sepic  
Stalnaker, Minnie by Joseph & Michele  
Sepic  
Vignali, Spina by Rebecca Barclay  
Wallace, Sharee by Elizabeth Wallace  
Weltman, Melinda by Ruth Walters  
Wortman, Agnes by Esther Ziska

#### Individual

Broesicke, Margaret  
Campbell, Julia  
Christopher, Emma  
DelGado, Tillie  
Donohoe, Rhea  
Fearer, Faith  
Fike, Mark & Joy  
Friend, Stella  
Gimmel, Clara  
Grapes, Joanne  
Herring, Barbara Jean  
Hewitt, Lois & William  
Hyjurick, Edward & Cecile  
Lilley, Mabel  
Loreti, Enio J.  
Mechalec, John & Diane  
Morris, Helen  
Nance, Mary  
Oberly, Marlene  
O'Neil, Eliese  
Over, Richard  
Paris, Florence  
Rafay, Ferne  
Schollaert, Lois  
Shelling, Velma  
Storey, Polly  
Syphers, James & Barbara  
Wagner, Loretta  
Wardzella, Paula

#### *John K. Sharp Discretionary Fund*

Lilley, Mabel  
Wagner, Loretta

#### XX4V Membership

Glad, Frank & Mary Jane  
Lukey, Ann  
Perry, Mary

#### *Oldies Dance RX Plus Patrons*

#### Individuals/Corporations/Organizations

Abby Home Care  
Abby's Gold & Gems  
Adrian's Market  
Alms, Aggie  
Angel, Joe  
Angelina's Piccolo  
Anthony, Sandi  
Apothecare Pharmacy  
Arnold, Daniel & Barbara  
Bella Nailz  
Bierbower, Richard & Judy  
Biddle, Martha  
Bella Nailz  
Bill's Bit Service, LLC  
Blake, Brent  
Blaney, W. Gerald & Carolyn  
Boston Beanery  
Brain, Gary & Colleen  
Buehner, Bill  
Byers Market  
Cahn, The Rev. Doctor Robert &  
Kathy  
Cantalames's  
Centra Bank  
Claar, Jim  
Chamber of Commerce  
Chrise, Karen & Ira  
Coal Baron  
Colbrook Candy Co., Debbie,  
Rosemary  
& Susan  
Confer, Bob & Audrey  
Constantine, Larry  
Dandrea Bros Auto Salvage  
Davis & Davis  
DelGado, Jackie  
DelGreco, Catherine  
DelGreco, Denise

Detweiler, Jim & Doreen  
Dearth Funeral Home  
Dimarco's Restaurant  
Dog & Company, Sherry Rider  
Dunham, Hank & Liz  
Eat' n Park  
Evans, Melissa  
Fairchance Pharmacy, Dave O'Neill  
Fallingwater  
Fayco  
Fayette Engineering Co., Inc.  
Fayette Podiatry, Assoc. Inc.  
Fike, Mayor Edward  
First Federal Savings Bank  
First Federal Savings & Loan of

Greene

County

Fischer, Celeste & Scott  
Fox's Pizza  
Frank's Auto  
Frazee, Felicia  
Gallo Eye Surgical Associates  
Garstecki, Mark & Marian  
Geier, Sister Sarah  
Gene & Boots Candy  
Giant Eagle  
Grandy's Pizza  
Grubbs, Cheri  
Guarino, Dino  
Hagan Ice Cream  
Hair Unlimited  
Hanzes, Beth  
Hanzes, Ryan  
Hartsek's Catering  
Hauger, Rick & Deborah  
Health Center Pharmacy  
Heath Jordan Salon  
Herr's  
Hudock, Rita  
Hudson's Catering  
Huggins, Mark & Lynn  
Hughes, William & Joyce  
IHOP  
Jerry's Catering  
Jodon Chiropractic Clinic, P.C.  
Jodon, Lynn

Johnson, Chris  
Joyce's Fine Jewelry  
Kollar, Chris  
Kurta, Anthony & Patty  
Leone, Vickie H.  
Little, Christy  
Locke, Carol  
Maldovan, Frank  
Mark IV  
McCune, Dana, Fran Chesler, Twila  
Lucosh,  
Ann Sweeney  
Mayers, Jerry & Barbara  
Meloni's Restaurant  
Merbedone, Dr. Amadee  
McCann, Marlene  
Michael Maria Pizza & Hoagies  
Misiak, Pam  
Moore, Pamela  
Nails by Ashley  
Neubauer's  
New Geneva Stoneware  
Novotney, Frank & Anastasia  
O'Brien, Gerald & Rose Marie  
O'Connell, Sister Alice  
O'Gillies  
Palya, Deborah & Frank  
Pasta Lorenzo  
Pish, Richard, MD  
Pittsburgh Hilton Hotel, Jeanne  
Hammel  
Pizza Hut  
Polito, Karen & Peter  
Procyk, Ida M.  
Queen B's Catering  
Rabatin, Mark  
Rerko, Henrietta  
Ringer, Elaine  
Rizz's  
Rodgers, Francis & Noreen  
Ryan, Roberta & William  
RX Plus Pharmacy  
Salon Sabitini  
Sander's Services, LLC  
Scholar, Robin  
Scott, Dave

Sarris Candies  
 Secrest, Rod  
 Seighman, Thomas & Pamela  
 Sepic, Joseph & Michele  
 Sepic Orthodontics  
 Shane Transport  
 Sheba, Ronald & Patricia  
 Shimshock, Dan  
 Smithfield Chiropractic Center  
 Southwestern Endoscopy Center

LLC

Spring Valley Community  
 State Theatre Center for the Arts  
 Steratore, Joan  
 Stokan, Gary & Terese  
 Stone House  
 St Vincent DePaul  
 Sun Porch  
 Swetz, Larry & Bonnie  
 Teslovich, Elaine  
 Thomas, John  
 Tri-County Abstract  
 The Sun Porch  
 Thomas, John  
 Thompson, Joannie  
 Tummons, Dr. Donald DVM  
 Uniontown Mall  
 United Dairy  
 Valentine Pharmacy, Inc.  
 Vignali, Lawrence DMD  
 Vince's Electrical Service  
 Volek, Jarred  
 Walters, Ruth  
 W & D Common Properties LLC  
 Wirbicki, Vincent  
 Wivell, Amy  
 Yough Glass



**Inspirational Reading**

For those of you who enjoy reading, we would like to recommend a new book called "Promise to Mary" a story of Faith in Action written by Paul Jellinek. It is a "must read" for all who currently volunteer or are interested in beginning to do so. This book can be purchased at your local bookstore or on amazon.com.

**EVERYONE NEEDS TO LAUGH!**

Only in America...

- Do drugstores make the sick walk all the way to the back of the store to get their prescriptions while healthy people can buy cigarettes at the front.
- Do people order double cheeseburgers, large fries, and a diet coke.
- Do banks leave both doors open and then chain the pens to the counters.
- Do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage.
- Do they have drive-up ATM machines with Braille lettering.
- Do we buy hot dogs in packages of ten and buns in packages of eight.



**HOW TO CALL THE POLICE WHEN YOU'RE OLD AND DON'T MOVE FAST ANYMORE!!**

An elderly man, from Mississippi was going to bed when his wife told him that he'd left the light on in the garden shed. which she could see from the bedroom window. He opened the back door to go turn off the light but saw that there were people in the shed stealing things.

He phoned the police who asked " Is someone in your house?"

He said "no" but some people are breaking into my garden shed and stealing from me.

Then the police dispatcher said “All patrols are busy. Lock your door and stay inside until an officer is available.”

The man hung up the phone and counted to 30 then phoned the police again. “Hello, I just called a few seconds ago because there were people stealing things from me. Well don’t worry, I just shot them” and hung up. Within 5 minutes, six police cars, a SWAT team, a helicopter, two fire trucks, a paramedic, and an ambulance showed up and caught the burglars red-handed.

One of the Policemen said “I thought you said you shot them!”

The man replied, “I thought you said there was nobody available!”



## **Ever Wonder.....**

Why the sun lightens our hair, but darkens our skin?

Why the man that invests all your money is called a BROKER?

Why there isn’t mouse flavored cat food?

Why women can’t put on mascara with their mouth closed?

Why is it that doctors call what they do “Practice”

**Interfaith Volunteer  
Caregivers of Fayette, Inc.  
137 N. Beeson Avenue – Suite 106  
Uniontown, Pennsylvania 15401**

***Brothers* LAZER  
SERVICE, INC.**

**472**

**Coolspring Street**

Uniontown, PA 15401

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